

# Environmental Engineering Internship at G&K Services

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UNIVERSITY OF MINNESOTA  
**Driven to Discover<sup>SM</sup>**

# G&K Services

- Industrial laundry facility
  - Provides workplace uniforms, towels, floor mats, linens, and many other services
- Works with a wide range of industries
- Started in Minneapolis and has been in operation over 100 years
- Headquarters are in Minnetonka and there are three other facilities in the Twin Cities





# Minneapolis Industrial

- Processes garments, print towels, shop towels, floor mats, and mops, as well as other reusable textiles
- Project focused on waste reduction
  - Opportunity #1: Solid waste
  - Opportunity #2: COD and TSS in the wastewater

# Motivation for Change

- Commitment to **environmental stewardship** is a G&K Services **core value**
- **Solid Waste Reduction**
  - Estimated that more than 163 tons (3,000 yd<sup>3</sup>) of solid waste generated each year
- **Wastewater Treatment**
  - High concentrations of COD and TSS measured in wastewater
  - Industrial wastewater strength charges have increased significantly between the last quarter of 2015 and the first quarter of 2016

# Reasons for MnTAP Assistance

- **Assess solid waste stream – identify largest sources of waste**
- **Suggest improvements to current recycling program and uncover additional recycling opportunities**
  - Determine potential reduction in solid waste generation and associated cost savings
- **Evaluate wastewater treatment options in terms of:**
  - Efficiency
  - Costs/Savings
  - Feasibility

# Approach

- **Solid waste reduction**

- Observed and mapped out plant processes
- Surveyed current recycling program and solid waste stream
- Shadowed maintenance staff and conducted waste sorts



# Approach

- **Wastewater treatment**
  - Learned about different types of wastewater treatment
  - Used different sets of data to predict various outcomes
  - Analyzed historical strength charge data
  - Prepared a cost and feasibility analysis





# Opportunity: Solid Waste

- Studied solid waste stream by conducting waste sorts
  - Two at Minneapolis Industrial
  - One at St. Cloud
- Waste sort process:
  - Had all garbage from around the plant held on the dock
  - Sorted into eight categories
  - Kept track of weight and calculated volume





# Waste Sort Results

Results of Waste Sorts at Minneapolis Industrial	Weight of Material Estimated Per Day (lbs)	Volume of Material Estimated Per Day (yd <sup>3</sup> )	Percent of Total Waste Sorted (By Weight)	Percent of Total Waste Sorted (By Volume)
Garments and Towels	1209	6.7	64%	47%
Clean Plastic	144	2.4	8%	17%
Solvent Contaminated Plastic	86	1.69	5%	12%
Lint	160	1.05	8%	7%
Trash	122	0.90	6%	6%
Hangers	77	0.90	4%	6%
Recycling	18	0.32	1%	2%
Mats	80	0.32	4%	2%

76%

# Solutions and Savings

- **Solution #1: Improve employee recycling program**
  - Add more recycling containers
  - Pair recycling containers with garbage cans - convenience
  - Provide recycling information and signs near each container
    - Spanish, Vietnamese, Hmong, English
    - Pictures of what should be recycled



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**Savings:** Waste Reduced per Year: **3600 lbs or 60 yd<sup>3</sup>**  
Money Saved on Solid Waste Removal Per Year: **\$190**

**Considerations:** Initial Costs: **\$470**  
Payback: **2.5 years**

# Solutions and Savings

- **Solution #2: Recycle Additional Items**

- **Miller Waste Mills – Winona Minnesota**

- Currently working to set up program at G&K Services in St. Paul
- Will take: **clean textiles, hangers, floor mats, clean plastic**
- Recyclables picked up at no cost to G&K and will pay \$0.015/lb of hangers

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## Savings:

Waste Reduced: **168,000 lbs or 1300 yd<sup>3</sup>**

Savings Per Year: **\$10,700**

Initial Costs: **\$1200**

**Considerations:** Payback: **0.1 years**

Could be difficult to separate out clean plastic



# Summary of Solid Waste Recommendations

Recommendations	Waste reduced (per year)	Implementation cost	Cost savings (per year)	Payback period	Status
Add additional recycling containers	3,600 lbs, 60 yd <sup>3</sup>	\$470	\$190	2.5 years	Under review
Employee recycling education		-	-	NA	
Recycle damaged textiles, floor mats, clean plastic film, and hangers	168,000 lbs, 1,300 yd <sup>3</sup>	\$1,200	\$ 10,700	0.1 years	Under review
<b>Total:</b>	171,600 lbs, 1,360 yd <sup>3</sup>	\$1,670	\$10,890	2.6 years	

# Opportunity: COD and TSS in the Wastewater

- Metropolitan Council calculates wastewater strength charges quarterly based off:
  - Volume of water used
  - Excess chemical oxygen demand (COD)
  - Excess total suspended solids (TSS)
- Assessed effectiveness, feasibility, and cost of implementing different types of treatment



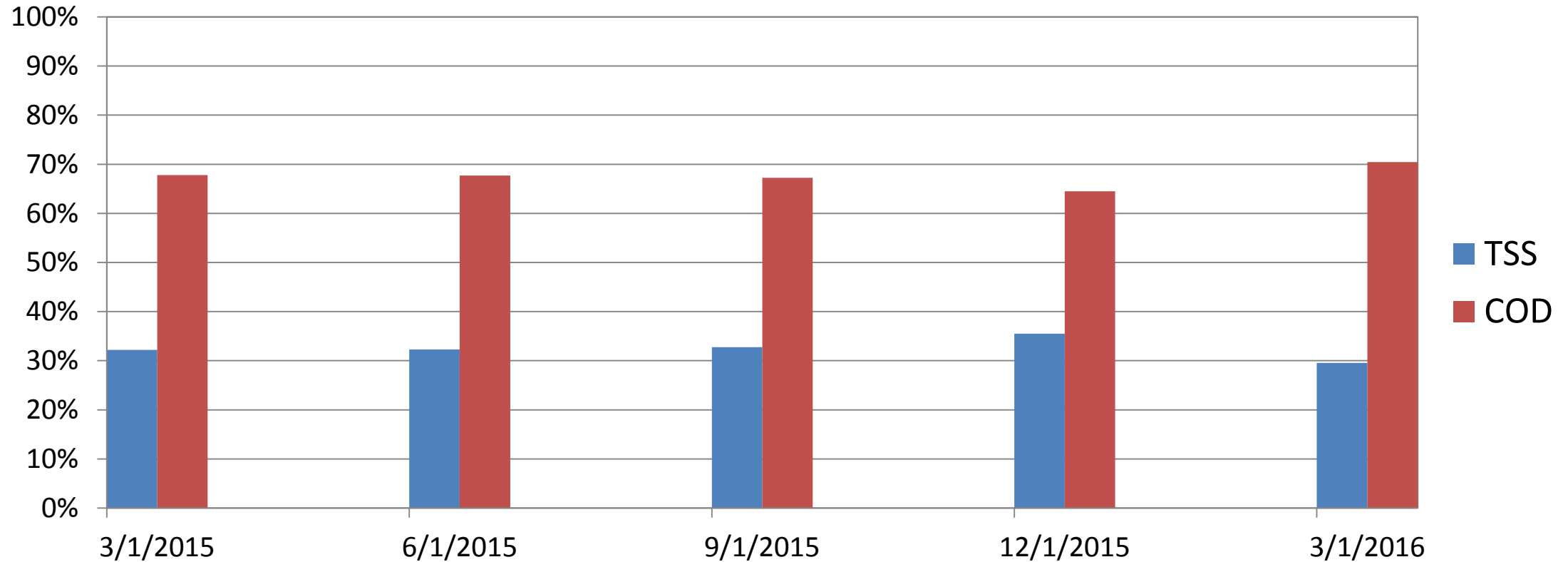
# Possible Sources of COD and TSS

- **Analysis of historical strength charge data shows that most of the quarterly cost comes from COD concentrations**
  - Testing has shown that a significant portion of COD in the wastewater is soluble
- **Sources of COD:**
  - Shop towels
  - Print towels
  - Varnish towels
- **Sources of TSS:**
  - Shop towels
  - Print towels
  - Floor mats



# Historical Strength Charge Data

Percent of Total Cost Coming from TSS vs. COD (Including Sludge Removal)



# Background: Solvent Contaminated Wipes

- **Solvent contaminated wipes - towels containing regulated solvent**
  - Not usually considered hazardous waste when handled according to MPCA rules:
    - All free liquid must be removed before the towels leave the customer site
    - Customers must count any removed liquid as part of their own hazardous waste
    - Containers or bags of soiled towels must be labeled as “**Excluded Solvent Contaminated Wipes**”
    - All containers must be closed and sealed during transport
- **If all of these rules are followed the towels may be transported without a hazardous waste manifest, or hazardous waste license**

# Wastewater Solution #1: Install a DAF

- **Dissolved air flotation (DAF) wastewater treatment system**
  - Uses chemicals and air to suspend solids at the surface of the water
    - Solids are skimmed off of water, pumped into filter press, and disposed of
  - Will require an additional operator
  - An efficiency study using data from multiple plants showed estimated removal to be:
    - 65% of COD
    - 85% of TSS





# Wastewater Solution #2: Install a Norchem System

- **Norchem Ultrapure wastewater treatment system**
  - Uses a centrifuge and ceramic membrane filters to treat wastewater
  - Treated water can be reused without any additional equipment
  - Would not require an additional operator
  - An efficiency study using data from multiple plants showed estimated removal to be:
    - 90% of COD
    - 90% of TSS

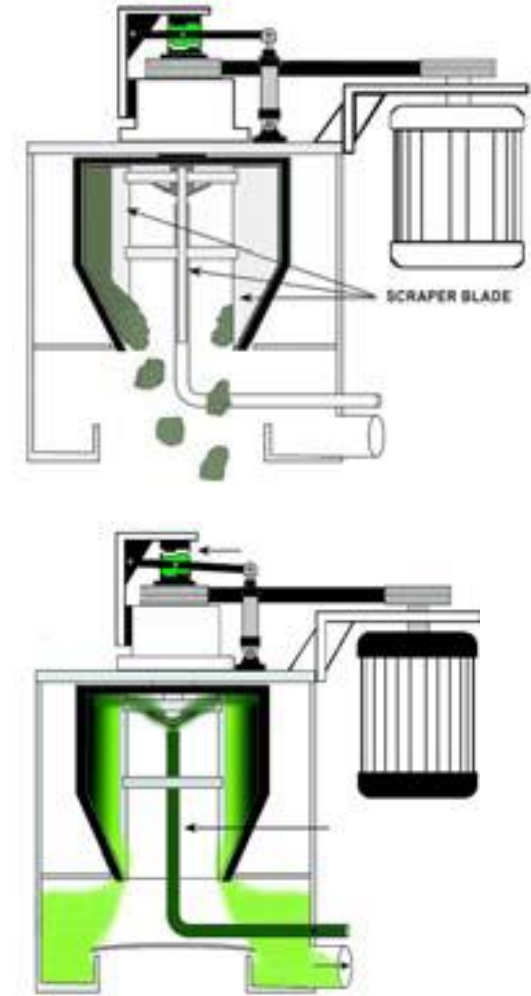


Picture Source: <http://norchemcorp.com/solutions/ultrapure/>

# Wastewater Solution #3: Install a Wastewater Centrifuge

- **Wastewater centrifuge**

- Would not require an additional operator
- Studies done by G&K show that a centrifuge alone is not as efficient as other treatment systems at removing TSS or COD
- An efficiency study done using data from the centrifuge attached to the Norchem system in a G&K plant showed estimated removal to be:
  - 15% of COD
  - 50% of TSS



# Summary of Wastewater Treatment Recommendations

Recommendation	Cost Savings (\$/year)	COD Reduced (lb/yr)	TSS Reduced (lb/yr)	Payback Period (Equipment and Install Costs Only)	Payback Period (Including Operating Costs)	Status
Wastewater Centrifuge	\$76,600	282,600	129,400	7.3 years	> 10 years	Under review
DAF	\$201,700	1,225,000	220,000	5.3 years	> 10 years	Under review
Norchem	\$251,800	1,700,000	233,000	5.0 years	> 10 years	Under review

- All calculations were done using an average of the data collected by G&K Services and the Metropolitan Council in the first quarter of 2016, these values were projected out for one year
- Cost savings include reduction in strength charge and reduction in sludge removal costs

# Wastewater Treatment Recommendations

- **Consider treating wastewater at Minneapolis Industrial via other technology**
  - Research other types of wastewater treatment
    - Examples currently under consideration:
      - Shaker screen
      - Turbo-Disc Automatic Filtration
- **Continue efficiency studies and gather more data points for the Norchem system and wastewater centrifuge**
- **Continue tracking and comparing future industrial strength charges**
- **Investigate further into the cause of increased COD and TSS concentrations in the wastewater**



# Summary of Recommendations

Recommendations	Waste reduced (per year)	Implementation cost	Cost savings (per year)	Payback period	Status
Add additional recycling containers	3,600 lbs	\$470	\$190	2.5 years	Under review
Employee recycling education		-	-	NA	
Recycle damaged textiles, floor mats, clean plastic film, and hangers	168,000 lbs	\$1,200	\$ 10,700	0.1 years	Under review
Install a Norchem Ultrapure wastewater treatment system	1,700,000 lbs COD, 233,000 lbs TSS	\$712,500 (install and equipment), \$274,000 (operating/year)	\$251,800	> 10 years	Under review
Total:	171,600 lbs solid waste, 1,700,000 lbs COD, 233,000 lbs TSS	\$988,170	\$262,690		

# Personal Benefits

- **Work experience in an industrial setting**
- **Learned about an industry and area of engineering I previously knew little about**
- **Learned about environmental rules and regulations**
- **Applied skills gained in school to real world situations**
- **Experience doing cost/benefit analyses**

# Thank you!

## Questions?

This project was sponsored in part by the Minnesota Pollution Control Agency